

COST OF THE DIET TRAINING
6TH – 8TH AUGUST 2014
ADDIS ABABA



COST
OF THE **DIET**

TRAINING PLACES CURRENTLY OPEN

WHAT IS COST OF THE DIET?

The Cost of the Diet is an innovative method and software developed by Save the Children UK to better understand the extent to which poverty affects nutritional status. The method was developed in response to research undertaken by Save the Children which demonstrated that the impact of traditional nutrition education programmes on people's diets may be limited more by poverty than by a lack of knowledge. The aim of the Cost of the Diet is to estimate the amount, combination and overall cost of local foods that are needed to provide individuals or typical families with their average needs for energy and their recommended intakes of protein, fat and micronutrients.

TRAINING OBJECTIVES

The aim of the training course is to equip participants with the knowledge they need to be able to undertake a full Cost of the Diet assessment and train other practitioners. During the training participants will:

- Learn what information is required for a Cost of the Diet assessment and the methods used to collect this data
- Enter, analyse and summarise the data collected using the new Cost of the Diet software
- Learn how to create models in the software of potential food security and nutrition interventions

The deadline to apply is: **4th July 2014**

**THERE ARE LIMITED PLACES SO DON'T
MISS THIS EXCITING OPPORTUNITY!**

PARTICIPANT PROFILE

The training course is aimed at high level nutritionists and food security personnel who are experienced in leading field work and data analysis and would be able to lead a full Cost of the Diet assessment and train other practitioners. Candidates should be able to communicate complex information clearly and concisely to a variety of audiences and be capable of learning and understanding a bespoke computer programme in a short space of time. They should be fluent in English and have good report writing skills.

Save the Children will accredit candidates as Cost of the Diet Practitioners after they have done the 3-day training and have completed one assessment and the data and report has been reviewed by Save the Children.

WHAT WILL BE PROVIDED?

Save the Children is funding the cost of the training, including lunch and snacks, but individuals will be required to pay for their travel to and from Addis Ababa and all other meals, accommodation and transport.

Candidates will be provided with a memory stick with the software, the presentations given in the training and the documents required to run a Cost of the Diet assessment. Selected participants are required to bring a laptop running Windows 7, XP Professional, or Vista. The software does not work on the Apple operating system.

HOW TO APPLY

Candidates will need to send a short application to apply for a place on the course. To apply please submit your answers (of no more than 500 words) to the following questions:

1. **How do you meet the skills required for the training?**
2. **How do you plan to use the Cost of the Diet in your upcoming work?**

Please email your answers, with 'Cost of the Diet Training' in the subject line to Amy Deptford by the 4th July 2014.
Email: a.deptford@savethechildren.org.uk



Save the Children

