

# Former FAO and Other UN Staff Association

Associazione dei Pensionati della FAO e di altre Organizzazioni delle Nazioni Unite



**Newsbrief 94**  
**December 2014**

## **New Medical Insurance Contract Ensures Continuing Benefits and Modalities With Generally Reduced Contributions**

### **ALSO IN THIS ISSUE**

- A Word from the President
- Pensions
- Medical Insurance
- News from the UN Organizations
- News of the Staff Associations
- Social Activities
- News from the Executive Committee
- News from the Electronic World
- Your Good Health
- News from the Membership
  - New Members
  - In Memoriam

FFOA has stepped in to ensure a smooth transition period after the late decision by FAO on a new medical insurance claims processor. A two-year process culminating in Allianz being confirmed as our insurer and a new claims processor as of 1 January 2015 – Allianz Worldwide Care in place of Vanbreda International – with continuing benefits and modalities and even a slightly reduced premium for the next three years. FFOA was involved at all stages of the process and was instrumental in ensuring maintenance in the new contract of terms and conditions established over more than 40 years.

But the late resolution of the tender (announced by FAO only at the end of October) and the initial lack of information, risked an unnecessary increase of anxiety and uncertainty among BMIP/MMIP participants, both pensioners and serving staff. However, with much input provided by FFOA, briefing sessions were finally delivered by late November (and even were made available via webcasting).

Through constant vigilance and strategic advice, FFOA is ensuring that participants are fully and timely informed on and shepherded through the transition process. FFOA has been instrumental in the preparation of a series of dedicated information materials that have been dispatched to members electronically, and by mail where necessary. Key information is reproduced in this issue of Newsbrief to ensure ready reference.

Your Executive Committee was hoping that the new contract would have been awarded sooner in order to permit a smooth transition. Unfortunately most of the work is now concentrated in a few weeks and we are all on high alert to watch for problems or issues. FFOA members are invited to be patient, but we remain available to support you and we will continue to monitor developments and communicate important information rapidly to members.

## A Word from the President on Behalf of Your Executive Committee

---

As you should know by now (through special mailings and messages sent out in November), after more than 40 years with Vanbreda International, we will have a new medical insurance claims processor – Allianz Worldwide Care – as of 1 January 2015. And the good news is that the benefits and modalities negotiated with the previous provider (including those specifically aimed at older beneficiaries) will be maintained with Allianz, and at premiums that are even slightly lower than those of the past three years.

This important success for pensioners (and serving staff as well) has not come without effort. The time since our last Newsbrief has been focused almost entirely on matters related to the tender. Our team of Giorgio Eberle, Marco Breschi and Ed Seidler represented us most ably in meetings of the FAO Joint Advisory Committee on Medical Coverage, the JAC/MC, and benefited from excellent collaboration with colleagues in FAO Social Security.

Following assignment of the contract FFOA was instrumental in having briefing sessions called, and impressing on all the Organizations the need to issue comprehensive information in the quickest manner possible.

Although not as expeditious as we would have hoped, some key information has now been flowing, and by the time you read this, you should have received your “Welcome pack”

including your new insurance cards from Allianz. To be sure, we have also included some of that key information in this issue of Newsbrief.

We continue to press for the issuance of the official Administrative Circulars by all the Organizations, and their distribution through channels that are accessible to pensioners.

The transition period is shorter than we would have liked, and there are bound to be hiccups as the new provider takes over. But we have assurances that special care will be accorded to the needs of pensioners, particularly during the transition period. And if you have an issue and don't get satisfaction, don't hesitate to contact FFOA.

So, a busy year and a fruitful one. With the solid position of the Pension Fund and the positive outlook for medical insurance under the new contract, FFOA members can continue to enjoy the fruits of retirement from the UN family. Our thanks to Vanbreda International for the many years of competent service.

From your President on behalf of the FFOA Executive Committee, warmest wishes for a happy and healthy holiday season, and a wonderful start to 2015.

Happy Holidays and Happy New Year!

**Alan Prien**  
**President**

### Newsbrief 94

December 2014

Newsbrief, the FFOA official quarterly newsletter, is produced in English and Italian and is distributed free to all members, electronically to those who have internet access, and in print to those who do not. Newsbrief (current and back issues) is also available on the FFOA website: [www.fao.org/FFOA](http://www.fao.org/FFOA). Suggestions or contributions from members are welcome.

Editors: S. Dembner, M.F. Purnell  
Designer: O. Bolbol

The cost of printing Newsbrief, as well as other FFOA documents is borne by the World Food Programme, for which the Association is grateful.

## Pension Matters

(Responsible: M. Breschi, A. Prien, G. Eberle, A. Fusco Femiano, M. F. Purnell)

### High Levels of Investments on 1 December

The United Nations Joint Staff Pension Fund (UNJSPF) investments reached a new high of US\$ 53.480 billion on 1 December 2014, up from US\$ 52.975 billion reached on 31 October 2014, but down from the all time high of US\$ 54.287 billion reached on 24 July 2014.

For the 12-month period ending on 31 July 2014, the Fund Performance was at a level of 3.8 percent, somewhat below its policy benchmark of 4.7 percent. As the general indicators seem to be moving again to the positive side, we will report on more current trends as soon as information becomes available.

The Fund continues to carefully review, monitor and reshape the composition of its portfolio on an on-going basis. In this way, the Fund is able to take advantage of positive market trends, while minimizing any impact of negative market fluctuations. It is expected that the overall positive financial outlook of the Fund in recent years, will continue in 2014 and 2015.

### Long-term objectives of the Investment Management Division

In Newsbrief 93, we informed members of the appointment of Ms Carolyn Boykin as the new Representative of the Secretary-General (RSG) for the investments of the assets of the Pension Fund. The Secretary-General has delegated his fiduciary responsibility for the investments of the Fund to the RSG who in turn is assisted by the Investment Management Division (IMD) and advised by the Investment Committee (IC). On the occasion of this new appointment, it was reaffirmed that the long-term objectives of the IMD are to offset the Fund's current and future liabilities, to maintain an optimal risk profile and to diversify its portfolio accordingly.

The RSG, the Director and the staff of the IMD are all appointed by the Secretary-General and are subject to the United Nations Staff Regulations and Rules.

## FAO WFP Staff Pension Committee (SPC)

At the time to go to press for this Newsbrief, no policy meetings of the FAO/WFP SPC took place in the last quarter of the year. This circumstance is primarily due to the exceptional workload for the FAO Social Security office, arising from the renewal of the medical coverage contract on which we report extensively under the Medical Insurance section.

The Staff Representatives and FFOA have stressed the importance of the regular work of the SPC on important pension matters and we were reassured by the Secretariat that the SPC will soon resume its regular work schedule on policy matters.

## Certificates of Entitlement

As in past years, members are reminded that the annual Certificates of Entitlements were recently mailed to all beneficiaries. It is extremely important that these are signed and returned to the Fund on a prompt basis. If you have not received your certificate by the end of the year, you are encouraged to contact the Fund directly. Roughly two weeks after you have returned your signed certificate you can find confirmation of your status by logging onto the Fund website with your personal number and password.

## UNJSPF - Annual Letter by the CEO

We inform members that the next Annual Letter by the CEO is expected to be released in early 2015

## Medical insurance

(Responsible: E. Seidler, G. Eberle, A. Prien, M. Breschi)

(continued from page 1)

### The context

The BMIP/MMBP medical insurance plans belong to the Rome-based agencies. They have been developed and refined over more than 40 years to meet the needs of the agencies, their staff and their pensioners. They are not commercial plans but need

support from the commercial world for:  
a) insuring the risk that reimbursements exceed income (from contributions); and  
b) claims handling. Such support is sought through a tender process carried out periodically, to identify the most effective provider at a convenient cost. In the course of the last tender process, recently concluded, it was found that the best offer (technical and financial) came from Allianz, the insurer supported by Allianz Worldwide Care (for claims handling) for a three-year contract starting 1 January 2015. The contract covers four plans: BMIP/MMBP, MCS/MCNS, GLADI and Plan 4. Pensioners of the Rome-based agencies are covered by BMIP/MMBP for their medical insurance. GLADI (for life and accident insurance) is also relevant to some while Plan 4 covers WFP field General Service field staff (and eventually pensioners from this group of staff).

### **What is different and what remains the same?**

The big difference is that the claims handler will change from Vanbreda International to Allianz Worldwide Care (AWC) starting 1 January 2015. The insurer remains Allianz as for previous contracts. However, the basic modalities of the plan and the benefits available will remain as they were under Vanbreda. So participants should expect a familiar system of benefits, and contributions (unless they are capped) that are slightly less than those under Vanbreda.

### **What will participants receive from Allianz?**

Allianz Worldwide Care is in the process of distributing to each participant a Welcome pack including the membership card carrying a personal identification policy number, the benefits plan, claims forms, an insurance certificate, a pin slip (with your initial password), hospital estimate forms and the contact phone numbers and addresses. The pack will explain on line

access to facilitate communications. The information in the Welcome pack is also available from the Allianz web site. Even if you do not receive the Welcome pack with your card you are still covered by Allianz from 1 January 2015.

### **Policy number**

Under the new system, each participant will be assigned a policy number (a new number replacing the use of a modified version of the index number under Vanbreda). However, at least initially, participants are advised to also note their index number on all claims.

### **Unspent balances for dental treatment and hearing aids**

Unspent balances for dental treatment and hearing aids will be carried over to the new contract period.

### **Key contact information**

By post  
Claims Department,  
Allianz Worldwide Care Services  
15 Joyce Way  
Park West Business Campus  
Nangor Road  
Dublin 1, Ireland

### **Via e-mail**

**Until 31 December 2014**, contact medical.  
[services@allianzworldwidecare.com](mailto:services@allianzworldwidecare.com), and/or  
[Social-Security@FAO.org](mailto:Social-Security@FAO.org)

**Starting 1 January 2015**, the contact e-mail address will be:

**[RBA.medical@allianzworldwidecare.com](mailto:RBA.medical@allianzworldwidecare.com)**.  
The helpline e-mail address will be:  
**[RBA.helpline@allianzworldwidecare.com](mailto:RBA.helpline@allianzworldwidecare.com)**.

### **By phone**

Phone assistance is available 24/7 via the following numbers:  
Direct to Allianz (Belgium) **+32 2 210 6601**;  
USA toll free - **+1 844 460 9520**;  
Rome: **+39 06 5705 6826**;  
Universal toll free number (17 countries):  
**+800 1398 3812**.

## Direct assistance in Rome

FAO (room D305) daily 8:30-12.30; IFAD (B200) 1st and 3rd Thursday afternoons; WFP (1Y70) 2nd and 4th Thursday afternoons.

## News from the UN Organizations

### FAO

#### 2015 The International Year of Soils

The International Year of Family Farming in 2014 promoted a lot of interest around the world and in FAO. 2015 has been declared The Year of Soils, which is pleasing to those of us who were, or are, soil scientists. Unfortunately FAO is no longer a leading centre of excellence in soil survey and soil science and has few soils experts. This is partly due to success in training which means that almost every country now has professional soil scientists and requires less technical assistance.

However it will be important to remind everyone that we are all dependent on that thin layer of topsoil, so much of which has been eroded or degraded in past years. The humble earthworm, by its chemical transformation of the soil particles in its digestive tract, and its amelioration of soil drainage and structure by its burrowing, is one of the most important creatures in the world (as was noted by Darwin).

In spite of the tremendous advances made in our knowledge of soil chemistry and soil fauna, the application of Geographic Information System and other mapping techniques, and improved conservation methods, we are still a long way from understanding all about soils and how to manage them. Recent work has indicated many ways in which productivity could be increased, if farmers were made aware of them.

So, welcome to the Year of Soils, and may it produce valuable long term benefit to food and materials production.

### WFP

About 30 WFP Alumni met on 23 November for lunch at Orazio Restaurant in Rome. In addition to enjoying catching up with former colleagues, it was announced that WFP had signed the Letter of Understanding (LOU) with the WFP Alumni Network on 14 November. The Alumni Working Group will now prepare and share a draft work plan, along with a copy of the LOU, before a general meeting that will take place in 2015.

According to the WFP Staff Magazine (the Pipeline) of September 2014, a total of 394 people including all staff categories of one year or longer, have retired or were separated during the period of 1 April 2013 through 31 July 2014.

At the Second Regular Session of WFP's Executive Board (EB) last November, the EB welcomed two special guests: the President of Ghana and the President of the Italian House of Commons, Laura Boldrini, a former WFP staff member. In her address, she paid tribute to those colleagues who have lost their life by working for WFP.

WFP's People Strategy was discussed. It is a kind of blue print setting out measures to be taken to ensure that WFP's approach to the management of its staff (currently some 14,000 working in 80 countries) – and its staffing profile and levels – are aligned with the capacity requirements foreseen in WFP's Strategic Plan (2014-2017).

The WFP Management Plan (2015-2017), including WFP's budget for 2015, was approved with a zero nominal growth in the PSA budget in relation to 2014. The delegations also approved increasing the target level of the immediate response account (IRA) from US\$70 million to US\$200 million to "increase WFP's operational flexibility".

In her opening remarks, the Executive Director drew attention to the growing need for "new norms" in the humanitarian



system to be better equipped to achieve zero hunger “in our lifetime”. She also highlighted the accomplishments of the “Fit for Purpose” organizational changes achieved so far, including a new division of Innovation and Change Management, as well as new strategies for partnerships.

---

## **News from the Staff Associations**

Members of the FFOA External Relations Sub-Committee comprised of Messrs. Alan Prien (President), Pino Pace (Vice President), Giorgio Eberle, (General Secretary), Giuliano Pucci and Marius de Gaay Fortman (EC members), and Alex Van Arkadie, (Coordinator for Staff Associations), met with representatives of Staff Associations in the FFOA meeting Room on Tuesday 28 October 2014.

Lead Representatives who were invited and participated in the discussions included Ms. Janice Albert, President, and Mr. Rainer Krell Member, AP-in-FAO; Ms. Susan Murray, General Secretary, UGSS; Marinne Ward, President, WFP-PSA; and Fabio Bencivenga (Chairperson) and Ms. Martina Hounder, Alternate Vice Chairperson, ECSA-IFAD.

The joint meeting was convened in follow-up to the first meeting held earlier in the year and also in response to the request made by Mr. Bencivenga, made at the General Assembly, for closer collaboration with FFOA.

The joint meeting gave the opportunity to meet newly elected representatives of AP-in-FAO and WFP-PSA and to confirm the traditional spirit of co-operation among all staff bodies in Rome. Special attention was given to matters relating to medical insurance, the activity of the JAC/MC and the need of sound transitional measures to the 2015-17 contract period.

It was agreed that medical insurance issues were common to active staff and retirees and often deserved a joint approach. FFOA offered to facilitate reviews and coordination in this field when necessary.

### **WFP Professional Staff Association (PSA)**

The relocation to headquarters of newly elected PSA President Marianne Ward to Rome was warmly welcomed by the membership. She has immediately initiated negotiations with Human Resources on crucial topics such as the new redeployment guidelines and a new promotion policy for staff at P5 and above. The PSA also attended the CCISUA mid-term meeting, as well as the subsequent hardship duty station classification exercise for Africa. The PSA has also been actively involved in the tender for the new Health Provider at the Joint Advisory Committee for Medical Coverage.

The PSA Staff Council reached out to International Professional Staff in DRC, Guinea, Liberia, and Sierra Leone, ensuring them of the support of the PSA and offering the association’s full assistance in raising issues or providing suggestions to management that could improve staff welfare. The PSA also met with WFP’s Executive Director to discuss how staff and management can work to find ways for staff to safely continue to work in Ebola areas and beyond.

### **IFAD**

The IFAD alumni held their end-of-year lunch get together on 26 November with the largest turnout ever. Alumni were briefed on the coming medical changes and up dated on the IFAD Credit Union. An IFAD volunteer is sought to provide a few lines to this Newsbrief four times a year, to keep members informed on recent developments.

## Social Activities

(Responsible: J. Smidt, G. Monciotti, I. Novelli, A. Van Arkadie, A. Fusco Femiano)

### Previous activities

Since our last Newsbrief 93, the following activities were enjoyed by some of our members:

September 2014 Parco Nazionale del Circeo – the archaeological site at Villa di Domiziano, e Torre Fico  
Our Cultural Guide, Valentina, assisted by Annamaria, our Office Assistant, accompanied 40 of our members on a walk in Rione Borgo with a special visit to Palazzo della Rovere

October 2014 Naples – Museo Palazzo Zevallos Stigliano, and the Spanish quarter  
Day trip to Frosolone in Molise

November 2014 Two visits to the Presidential Estate at Castelporziano

The coffee mornings continued with great success on their regular schedule of the first Wednesday of each month at 10 AM in the Aventino Room (8th floor). Do join us next year!

### Upcoming activities

We started our collaboration with Hermitage Travel and the following outings were announced:

November 2014 Three day wine tasting trip to Le Lange e Monferrato  
The house of father Christmas – Montecatini Terme

December 2014 Naples – S. Gregorio Armeno  
Christmas markets – four day trip to Innsbruck, Vipiteno, Merano, Bolzano, Ortisei e Bressanone  
Cultural visit with Valentina

to Casino Massimo Lancillotti (17th century building with decorations by the Nazerini)  
Autumn lunch at Ristorante Babette  
One day Christmas shopping in Arezzo  
Three day trip to spend New Year's in Umbria – Lago Trasimeno, Citta di Castello

### FFOA – It's Party Time!

The FFOA end of year party, will be held this year in the FAO Caracalla Room (8th floor) from 16:00 on Wednesday 17 December. Admission is €10, payable in advance at the FFOA offices if possible, so that we can gauge participation, or at the door.

## News from the Executive Committee

### FFOA holiday office closure

The FFOA offices will be closed from Wednesday 24 December through 6 January 2015 (re-opening on 7 January).

### The FFOA Emergency Fund – Be generous on behalf of less fortunate members

FFOA offers members access to limited no-interest loans (maximum Euro 1500), to meet emergency requirements. Regretfully, the very limited operating budget of FFOA overall has made it impossible to respond positively to requests for emergency assistance from members over the past several years. In keeping with the spirit of the season, if you are able, please consider making a donation to the Emergency Fund.

### ICSC: Mandatory Age of Separation

In its most recent meeting, held at IFAD, in July, the International Civil Service

Commission (ICSC) reaffirmed its recommendation of last year that the mandatory age of separation be extended to 65 for current staff. In order to allow organizations time to implement the change, the effective date would be 1 January 2016, with the understanding that the decision would have no effect on the acquired rights of current staff. In our most recent meetings with the Directors of Human Resources of FAO, IFAD and WFP, we have urged them to implement this recommendation, as it would allow them to continue to tap the talents of staff wishing to continue in active service, and would improve the actuarial balance of the Pension Fund by up to 0.13 percent. We hope that this item will be duly considered by the current session of the General Assembly, and not simply tabled as it was a year ago. We understand these recommendations now have the support of the UN Secretary General, and are hopeful of a positive outcome from the General Assembly.

### **Renewed your FFOA annual membership yet?**

If you haven't renewed your FFOA annual membership yet, don't delay and risk losing all the benefits of Association membership—including this Newsbrief. Renewal is easy. You can make your Euro 25 payment:

- in cash at the FFOA Office;
- by cheque in the name of "FFOA" (mail the cheque to FFOA, c/o FAO, Viale delle Terme di Caracalla, 00153, Rome, Italy;
- by bank transfer to the bank account of "FFOA" with the Intesa San Paolo at FAO Headquarters, IBAN: IT50T0306903356007326370137;
- by transfer from your UNFCU account to the FFOA UNFCU account No. 10-1771070.

To be sure you don't forget, you can even instruct your bank to make the payment annually, via a standing order; or better yet, become a life member, with a one-time Euro 375 payment.

## **News from the Electronic World**

(Responsible: Pino Pace)

As promised in the previous issue of Newsbrief, this time we provide some information on how to make your mobile phone (primarily smartphone) more user-friendly for older eyes and ears.

One of the first things you need to do is to be sure that the letters and numbers on your phone screen are big enough for you to read. Android and Apple (the two major phone systems) both have an "accessibility" option on the settings menu, where you can increase interface size and adjust the contrast and brightness to make the phone clear. Even if you have a simpler, older cell phone (not a smartphone with a touch screen) you can still make these changes. And adjusting just size, contrast and brightness may be enough to significantly improve your phoning experience.

The next step is to make the screen simpler, with only a few, larger buttons to take you to the apps or phone contacts you use most. You can achieve this by removing buttons/ apps from your display by simply touching them with your finger and dragging them to the trash bin that magically appears. Don't worry, these apps are not permanently removed. They are waiting in the background in case you need them.

There are also many apps that will help you create a simpler screen for your computer, with only a few, large buttons to take you to key apps, or to personalize with important phone numbers that you dial frequently. Some examples are Launcher 7, and BIG Launcher, for Android. For IOS/ Apple, you may want to try Silverline.

Beyond improvements to deal with ageing in general, there are also multiple apps that have been designed specifically to mitigate the impact of illnesses and disabilities. One of the best general sites to learn about these apps is [www.Assistireland.ie](http://www.Assistireland.ie). Assist Ireland



contains information on daily living aids, mobility aids and assistive technology, and is provided by the Irish Citizens Information Board, the national agency responsible for supporting the provision of information, advice and advocacy on social services.

And if this all still sounds complicated, don't think it is easy for everyone else. I can tell you that when I moved from my older keyboard-based phone to a new touch-screen "smart" mobile I felt completely lost, at least in the first few days. I couldn't find the functions I was used to. I had serious problems answering simple telephone calls, and couldn't write messages or search the Internet. But with a little effort, the smartphone can become one of your key tools, for information, contact, and even safety.

---

## Your Good Health

(FFOA publishes health suggestions for pensioners but does not guarantee their accuracy or efficacy.)

### Stay mentally active

Mental decline as you age appears to be largely due to altered connections among brain cells. But research has found that keeping the brain active seems to increase its vitality and may build its reserves of brain cells and connections. You could even generate new brain cells.

Low levels of education have been found to be related to a higher risk of Alzheimer's later in life. This may be due to a lower level of life-long mental stimulation. Put another way, higher levels of education appear to be somewhat protective against Alzheimer's possibly because brain cells and their connections are stronger. Well-educated individuals can still get Alzheimer's, but symptoms may appear later because of this protective effect.

You don't have to turn your life upside down, or make extreme changes to achieve

many of these benefits. Start with something small, like a daily walk. After a while, add another small change.

Herewith some suggestions to keep your brain active every day:

- Stay curious and involved-commit to lifelong learning
- Read, write, work crossword or other puzzles
- Attend lectures and plays
- Enrol in courses at your local adult education centre, community college or other community group
- Play games
- Garden
- Try memory exercises

Extracted from "alz.org" website and adapted by Sabatino Salvi

---

## News from the Membership

### The lighter side

#### Hearing aids 1

An elderly gentleman had become increasingly deaf over the years. He went to the doctor who fitted him with hearing aids that allowed the gentleman to fully recover his hearing. The elderly gentleman went back for a check-up after a month and the doctor said, "Your hearing is perfect. Your family must be really pleased that you can hear again." To which the gentleman said, "Oh, I haven't told them yet. I just sit around and listen to the conversations. I've already changed my will three times!"

#### Hearing aids 2

Another elderly man was telling his neighbour, "I just bought a new hearing aid. It cost me four thousand pounds but it's state of the art. My hearing's perfect." "Really?" answered the neighbour. "What kind is it?" "Twelve thirty."

## New Members

A hearty welcome to all our new members.

Arizpe, Ms Diana M.  
 Bamba , Mr Mamadou  
 Bonanno, Mr Guido  
 Brunoni, Ms Rossani  
 Cardilli, Ms Rosa  
 Corigliano, Ms Marianna  
 Cornale, Ms Guido  
 Crivellaro, Ms Nidia  
 Crotti, Mr Egidio  
 Damiani, Mr Luigi  
 Dato, Mr Bruno Alberto  
 De Godo-Llimona, Ms Cristina  
 Del Buono, Mr Maurizio  
 Fioravanti-Fiorini, Ms Anna  
 Flores Rodas, Ms Nicole  
 Greco, Mr Pietrantonio  
 Gregoriom Mr Claudio,  
 Henley, Ms Penny  
 Hershkovitz, Ms Trina

Hervieu, Ms Nicole  
 Janjatovic, Ms Smilja  
 Johannsen, Ms Gudrun  
 Lazzari, Mr Franco  
 Lombardi, Ms Manuela  
 Merrikin, Ms Patricia  
 Mora Palumbo, Ms Laurence  
 Moro Orlandi, Ms Daniela  
 Nu Nam Young, Ms Jeannine  
 Onorascenzo, Ms Olivia  
 Pagani, Ms Anna  
 Piquion, Ms Elsie  
 Rankin Zappalenti, Ms Laurel  
 Reyna, Mr Danilo  
 Vittorini, Ms Antonella  
 Volker, Ms Tineke  
 Wolf, Ms Angelika

All retirees ought to join the Association to support its work representing the pensioners, and for their own interest, and should encourage their ex-colleagues to join!

## IN MEMORIAM

Souad Kamel Ahmed, Mr Sabat  
 2 March 2014  
 Camarón Alvarez, Ms Maria Luisa  
 15 August 2014  
 Carucci, Ms Maria Luisa  
 15 August 2014

⋮  
⋮  
⋮  
⋮  
⋮  
⋮  
⋮  
⋮

Marcangelo Sabatini, Ms Anita  
 2 September 2014  
 Passavanti, Mr Mario  
 3 September 2014

On behalf of all the members of FFOA, we express heartfelt sympathy to the families and friends of the above-mentioned members.

# Former FAO and Other UN Staff Association

Associazione dei Pensionati della FAO e di altre Organizzazioni delle Nazioni Unite



## 2015 New Year's Resolutions

As we look towards the New Year, it is common to try to put our best foot forward, and to set down in writing a set of Resolutions (promises to ourselves). As a Holiday wish, FFOA offers you a handy form on which to record your own 2015 New Year's Resolutions – we've put some items on the list to help get you started. Happy New Year!

1. Keep myself physically healthy and fit (with timely information and support from FFOA on the new medical insurance claims processor)
2. Keep myself mentally alert (with tips and tricks in the To your good health section of Newsbrief)
3. Manage my finances efficiently (FFOA keeps you up to date on the status of the UN Joint Staff Pension Fund)
4. Keep informed on news about my former employer (Complement information from the organization websites with key news in the FFOA Newsbrief)
5. Stay in touch with friends and former colleagues (Have you lost contact with a former colleague? FFOA can put you in touch. Or join in one of our Coffee Mornings, the first Wednesday of each month at 10 AM in the Aventino Room of FAO.)
6. Pay my FFOA dues!
7. ....
8. ....
9. ....

### FFOA Contact Information

- FFOA, c/o FAO,  
Viale delle Terme di Caracalla,  
00153 Roma, Italy  
Room: E-005
- Internet: [www.ffoa-web.org](http://www.ffoa-web.org)
- Tel (+39) 06-5705  
5623/5705 6016
- E-mail: [ffoa@fao.org](mailto:ffoa@fao.org)



*Auguri a tutti  
per le festività e per un ottimo 2015*



*Meilleurs Voeux pour Noël  
et une Bonne et Heureuse Nouvelle Année 2015*



*Felices Fiestas  
e Feliz Año Nuevo 2015*

