

PUBLIC INTEREST INCORPORATED FOUNDATION
JAPAN ASSOCIATION FOR IMPROVING SCHOOL LUNCH

March 1, 2015

Brochure on Japanese School Lunches and *Sukoyaka* Newsletter Vol. 17

To Whom It May Concern:

Since its founding in 1960, the Japan Association for Improving School Lunch has engaged in a wide range of activities to provide children—bearers of the world’s future—with school lunches that serve as a source of nutrition for their physical and mental health.

Japanese school lunches were legislated in 1954. Since then, people engaging in the system have been committed to promoting and improving the lunches across Japan. Today, Japanese school lunches rate as one of the best school-provided meals in the world.

In Japan, school lunches are considered part of education. They provide children not only with everyday occasions to have a meal with their classmates, but also with opportunities to learn about a balanced diet, proper hygiene control, and traditional culinary culture.

We believe that excellent school meals contribute to the healthy growth of children’s mind and body anywhere in the world. Hence, we are pleased to announce that we have been granted an opportunity to present this time-honored school lunch system in Japan to people in school administration overseas.

We have enclosed a brochure on Japanese school lunches and a copy of the latest *Sukoyaka* (for lifelong health) newsletter that we created for your perusal. We hope you will find them helpful in understanding the purposes of the system.

Yours sincerely,



Tadashi Amemiya
President
Japan Association for Improving School Lunch

Enclosures:

1. “Japanese School Lunches” brochure

This A-4 double-sided brochure illustrates Japanese school lunches with many photos.

2. *Sukoyaka* newsletter vol. 17

This semi-annual newsletter provides the latest information in clear terms about diet and *Shokuiku* (education on food and dietary practices), which are vital elements in helping children to stay healthy through the provision of school lunches. Back issues are also available on our website.