



Food and Agriculture  
Organization of the  
United Nations

## **FAO/AFROFOODS TRAINING WORKSHOP ON FOOD COMPOSITION, 9 OCTOBER, 2016, MARREKESH, MOROCCO**

*“The knowledge of the chemical composition of foods is the first essential in dietary treatment of disease  
or in any quantitative study of human nutrition”*

*(McCance & Widdowson, 1940)*

### **WHAT IS AFROFOODS?**

The African Network of Food Data Systems (AFROFOODS) was established in September, 1994 under FAO/UNU to coordinate at the regional level the activities of the International Network of Food Data Systems (INFOODS), charged with the responsibility of promoting food composition activities in the world. Over the years, AFROFOODS under the auspices of INFOODS has carried out numerous successful activities (training, compilation, presentations and publications) on food composition in the continent. These are aimed at improving capacity in food composition within the continent.

### **PURPOSE OF THE TRAINING WORKSHOP**

The purpose of this training is to:

1. extend the knowledge of food composition database to nutritionists and other health professionals in Africa;
2. improve the capacity of participants from the different African regions in generating, compiling and using food composition data;
3. introduce to participants to the FAO/INFOODS e-learning course on Food Composition Data;
4. discuss and encourage the use and incorporation of the e-learning course into Nutrition and Dietetics curriculum of Universities and other tertiary institutions in Africa.

### **EXPECTED OUTCOME**

1. Participants will have a better understanding of the generation, management and use of food composition data.

2. More institutions will be willing to use the e-learning course in their teaching and research activities, as well as incorporate it into their curriculum.
3. A list of participants from different African region interested in food composition will be generated and added to the AFROFOODS and INFOODS list-serve for future networking and collaboration

### **THE FAO/INFOODS e-learning Course on Food Composition Data**

This e-learning course aims at closing the existing knowledge gap on food composition among those generating, compiling or using food composition data. The course provides a good basic knowledge and understanding of the essential issues related to food composition.

It is an interactive, learner-centred course, organized into 14 lessons for a total of approximately 10 hours of self-paced learning. The e-learning offers a wealth of examples, exercises and case studies based on best practices. The course is designed primarily to be used at undergraduate level and it is already in use in many universities.

The course is available free of charge from the INFOODS website:

<http://www.fao.org/infoods/infoods/training/en/> as an on-line version or as a CD

**VENUE & DATE:** 9 October, 2016

**COURSE FEES:** The training workshop will be free of any charges. No drinks or food will be provided

### **PRE-WORSHOP TASKS & CERTIFICATE**

It will be highly beneficial if registered participants for this workshop complete the on-line FAO/INFOODS e-learning course on Food Composition Data (<http://www.fao.org/infoods/infoods/training/en/>) before the training in Morocco. This will make for easy understanding of the topics to be covered and provide other information. For those who completed the on-line version of the course (not through CD or off-line) by 5 October 2016 and will participate in the whole training workshop will receive a certificate of completion.

A certificate of attendance will be issued to those who will participate in the whole training workshop.

### **APPLICATION**

Interested participants can register for the training workshop by writing directly to: [nkeneobong@gmail.com](mailto:nkeneobong@gmail.com) and copy [georgeannor@gmail.com](mailto:georgeannor@gmail.com). Please put “Application for AFROFOODS/FAO/INFOODS Training” in the subject line and attach your complete contact details, including the place where you are working or student status. Briefly state in not more than 10 sentences why you want to undergo this training and how you intend to use the knowledge acquired.

Participants will be admitted on first come first serve basis, as seats are limited.

## **COURSE FACILITATORS**

**Prof Henrietta Ene-Obong:** AFROFOODS Coordinator; Coordinator, Human Nutrition & Dietetics Programme, C/o Department of Biochemistry, Faculty of Basic Medical Sciences, University of Calabar, Calabar, Cross River State, Nigeria.

**Dr. George Amponsah Annor:** Coordinator, West African Food Data Systems (WAFOODS), C/o Department of Nutrition & Food Science, University of Ghana, P. O. Box LG 134, Legon-Accra, Ghana.

### **Draft agenda of the FAO/AFROFOODS Training on Food Composition 9 October 2016, at ANEC VII, MOROCCO**

9.00 - 9.30	Registration	
9.30 – 10.00	Introduction and objectives	Henrietta Ene-Obong
10.00 – 10.30	Showing advocacy video for food composition and the FAO/INFOODS e-Learning Course on Food Composition Data	Facilitators
10.30 – 11.15	FAO/INFOODS e-Learning Course on Food Composition Data	Henrietta Ene-Obong
11.15 -12.00	Foods in food composition tables	George Amponsah Annor
12.00 - 1.00	Recipes	Henrietta Ene-Obong
1.00 - 2.30	Lunch Break	Provided by self
2.30 - 3.15	INFOODS Components in food composition tables	George Amponsah Annor
3.15 – 4.00	Basic principles of data quality and compilation	Henrietta/George
4.45- 5. 45	How to incorporate the FAO/INFOODS e-Learning Course on Food Composition Data into university curricula	All
5.45 – 6.30	Closing and hand over of certificates of attendance	All